



CITY OF CARLSBAD
RECREATION DEPARTMENT

1200 CARLSBAD VILLAGE
DRIVE
CARLSBAD, CA 92008

TEL: 760-434-2978
FAX: 760-720-6917
WWW.CARLSBADCA.GOV

**WE CREATE COMMUNITY
THROUGH PEOPLE, PARKS
AND PROGRAMS.**

***CARLSBAD CITYWIDE
TRAILS PROGRAM
MISSION STATEMENT:***

*"PROVIDE A TRAILS
SYSTEM THAT ENSURES
THE RECREATIONAL AND
LEISURE NEEDS OF
CARLSBAD RESIDENTS
WHILE SUPPORTING THE
PROTECTION AND
PRESERVATION OF OPEN
SPACE IN ACCORDANCE
WITH THE CITY OF
CARLSBAD GENERAL
PLAN."*

SPRING "TRAIL BLAST" FITNESS PROGRAM A RESOUNDING SUCCESS

The Spring Trail Blast fitness program which ran for four weeks on Saturday mornings in May and June 2nd was considered a great success by all who attended. Participation averaged about 150 people every Saturday of the event.

Jerry Strybos of Solid Fitness in Vista led all Saturday fitness hikes. He was also interviewed by the *Local News* regarding the Trail Blast.

Since the hikes were structured as "go at your own pace" there was a great diversity of hikers. Young people, seniors and whole families hiked together.

Recreation staff and volunteers worked to make sure the hikers were enjoying being outdoors. Water stations were set up and snacks were provided to the hikers.

The incentive for completing all 4 hikes was a prize package that included a water bottle, hair bands and t-shirts.

This event relied heavily on the assistance of great volunteers. City staff would like to especially thank those City Trail Volunteers who came out every Saturday and the National Charity League ladies for assisting with Trail Blast events this spring.



EAGLE SCOUT PROJECTS

The City Trails Volunteer Program is proud to announce that two eagle Scout Projects are currently underway and will be completed by early summer.

Connor Braman and Troop 707, are working on a bridge/ditch crossing for the Rancho Carillo Trail. This wooden foot bridge, will provide for a safer, more sustainable and enjoyable trail experience for the recently constructed section of trail built in January and February of this year by the City trail volunteers. (See photos at right)

Michael Montgomery and Troop 732, is providing various trail improvements on the trails in Veteran's Park. Michael's project includes construction and installation of an informational kiosk, bench and trail markers as well as a clean up of the open space adjacent to the trails.



Walking gets the feet moving, the blood moving, the mind moving. And movement is life.

~Carrie Latet

Everywhere is walking distance if you have the time.

~Steven Wright

A pedestrian is someone who thought there were a couple of gallons left in the tank.

~Author Unknown

After a day's walk everything has twice its usual value.

~George Macauley Trevelyan

VOLUNTEERS COMPLETE SEMI ANNUAL INSPECTIONS

Trail inspections that are held twice a year began this April with all the Trail Captains sending in their completed Trail inspections forms.

The inspections were conducted for the Villagio, Hosp Grove, Ranchi Carillo, Arroyo Vista, La Costa Valley, Aviara, Lake Calavera, Ridgeline Trail and La Costa Glen trails and the report was submitted to the City Of Carlsbad by the end of April.

The trail captions look for signs of erosion, signage issues, fencing and various other factors during their inspections.

Kudos to the trail captains for doing an excellent job!

(Refer page 3 for list of Trail Captains)

GOLF COURSE TRAILS AND VETERANS PARK TRAIL CLEAN -UP



MICHAEL MONTGOMERY AND BOY SCOUT TROOP 732 CLEAN OUT THE FARADAY TUNNEL THAT LINKS THE GOLF COURSE AND VETERAN'S PARK TRAILS.

On Saturday, June 9th, City trail volunteers and Boy Scout Troop 732, hosted a trail clean-up at The Crossings (Golf Course Trails) and Veteran's Park. Volunteers walked the trail to pick up trash, remove weeds, and spruced up the trail for a trail dedication that will be part of The Crossings grand opening festivities on Saturday morning, July 28th. Thank you to Michael Montgomery for rallying over 20 volunteers from your troop in this effort.

RIDGELINE TRAIL NOW OPEN!

Citywide Trail Volunteers continue to be a crucial part of the maintenance and ongoing expansion of the City's trail network. Second Saturday work events for the months of April and May focused on the **Ridgeline Trail** (formerly called Box Canyon) in the Rancho La Costa Preserve. This steep and rocky trail, was improved by trail volunteers and Center for Lands Management ranger, Pat McConnell. Improvements included installation of the City trail regulations signs at each end of the trail, directional signage, kiosk and erosion repairs. Thanks to Don Stapp, Trail Captain for the Ridgeline Trail, this trail remains a safe and enjoyable hiking route and is now officially open to the public. The reward for hiking all the way to the top of this 1.5 mile trail are great views of the Batiquitos Lagoon.



VOLUNTEER TRAIL CAPTAINS

Please join us in welcoming new trail Captains: **Tracy Romero**, Arroyo Vista Trail, and **Beth Dickinson**, Coastal Rail Trail.

Villagio

John Gillis
505-1351
john@thegillisgroup.net

Hosp Grove

Nancy & Chuck Anson
722-5805
nanson@owl.csusm.edu

Arroyo Vista

Tracy Romero
632-8161
sdromeros@hotmail.com

El Fuerte

Heather Bennett
929-2242
heatherbutlerbennett@yahoo.com

Lake Calavera

Kevin Skjei
594-4771
kskjei@cnlm.org

Ridgeline Trail (Rancho La Costa Preserve)

Don Stapp
431-0727
dstapp@msn.com

La Costa Glen

Ed & Tricia Cerda
436-6597
epcerda@hotmail.com

Coastal Rail Trail

Beth Dickinson
434-5388
bandbdickinson@yahoo.com

RECYCLING MOVEMENT AT BATIQUITOS LAGOON

The Batiquitos Lagoon Foundation teamed with the Four Seasons Carlsbad maintenance department and Dan Weinheimer, Public Works, City of Carlsbad, to support national environmental goals of recycling plastic and aluminum containers on the esteemed North Shore Batiquitos Lagoon Trail. On Thursday, April 12, Four Seasons heavy equipment operator Hector Romano placed two City supplied, specially designed, recycling/waste containers on the trail, replacing scruffy garbage cans. This latest effort provides a total of eight combined recycle/waste containers on the trail. Thanks to all those organizations that are actively concerned with improving our environment by recycling on the trail.



“LITTER BUSTERS”: KEEPING THE TRAILS CLEAN!

They call themselves the “litter busters” and they are a spin off of the City’s Trail Volunteer Program. This ambitious group meets every Friday to walk various trails and open spaces keeping them clean. Photo includes from left to right Denise Hill Carol Pearson, Joan Schulte, Beth Dickinson and Becky Howell.



Become a Volunteer

Join the many dedicated citizens who care deeply about the Citywide Trails. Citywide Trail Volunteers are critical for preserving, maintaining, protecting, developing and operating trails in Carlsbad for public use. It’s a great way to have fun, keep fit and learn about our unique environment-all while making a lasting contribution that will benefit the community for generations to come.

If you would like to become a trail volunteer, please contact Sue Irey, Community Volunteer Coordinator at 434-2929, or sign up at: VolunteerinCarlsbad.net

Have an idea for a newsletter article?

Contact the Trail Volunteer Newsletter Editor, Rakhee Haridas: rakhee.haridas@gmail.com



CITY OF CARLSBAD

CITY OF CARLSBAD
RECREATION
DEPARTMENT

1200 CARLSBAD
VILLAGE DRIVE
CARLSBAD, CA 92008

TEL: 760-434-2978
FAX: 760-720-6917

**WE CREATE COMMUNITY
THROUGH PEOPLE, PARKS
AND PROGRAMS.**

WITH APPROXIMATELY 27
MILES OF OPEN SPACE
TRAILS CURRENTLY
AVAILABLE FOR RUNNING,
WALKING OR HIKING,
GETTING FIT IN THE GREAT
OUTDOORS IS EVEN MORE
ENJOYABLE THROUGH THE
VARIETY OF TRAIL
EXPERIENCES AVAILABLE
AT YOUR OWN BACK
DOOR.

FOR TRAIL MAPS, DRIVING
DIRECTIONS AND
DESCRIPTIONS OF THE
TRAILS IN CARLSBAD VISIT
THE CITY'S WEBSITE AT
WWW.CARLSBAD.CA.GOV
AND CLICK ON "TRAILS"

TRAIL EVENTS CALENDAR

Work plans, trail planning and related topics are discussed by the trail captains, City Parks and Recreation Staff and volunteers in an effort to connect, promote and enhance the trail volunteer experience on Carlsbad's trails.

All meetings take place at **5:00 pm.**

The City of Carlsbad Faraday Center is located on the corner of Faraday Ave. and Camino Hills.

Thursday, June 21, 2007

City of Carlsbad Faraday Center
1635 Faraday Avenue
Room 173B

Thursday, September 20, 2007

City of Carlsbad Faraday Center
1635 Faraday Avenue
Room 173B

Thursday, December 13, 2007

City of Carlsbad Faraday Center
1635 Faraday Avenue
Room 173B

SAVE THE DATE:

Saturday, July 28th
Trail Dedication at The Crossings
Golf Course Trails.....watch for
more information coming soon in your
mailbox.

MOVING ON...

Thank you to two outstanding Trail Captains **Barbara Irani**, Arroyo Vista Trail and **Bill Hart**, Costal Rail Trail. (also Hosp Grove)

Both have over 4 years of Trail Captain experience and over.....400 hours of trail volunteer service! Bill and Barbara will truly be missed as regular attendees at Quarterly Trail Meetings and we would like to take the last opportunity to let you know how much we appreciate your sharing of time and your commitment keeping the trails clean, and safe for everyone to enjoy.



TRAIL CAPTAIN BARBARA IRANI ON LEFT WITH NEW ARROYO VISTA TRAIL CAPTAIN TRACEY ROMERO ON RIGHT AT THE ARROYO VISTA TRAIL.

Yvonne Pesquera Trails Newsletter Editor is literally moving on to greener pastures as she announced that she is relocating to the great state of Colorado . Yvonne edited the Happy Trails Newsletter for the past year and did a superb job.

Thanks you Yvonne and good luck in Colorado !

Rakhee Haridas has graciously agreed to step in as the new Happy Trails newsletter Editor. Some of you may have seen Rakhee out on many trail events and still, she offers to do more!

Please feel free to send any ideas for trails worthy articles for the newsletter to Rakhee at her e-mail address at rakhee.haridas@gmail.com